



# BIHC

Belleville Integrative  
Health Centre

777 Bell Boulevard W, Belleville, Ontario, K8N4Z5

Phone: 613 966 9500 Fax : 613 966 9590

Email : info@bihc.ca

**Date of Initial Appointment:** \_\_\_\_\_ **Update** \_\_\_\_\_

## Confidential Client Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Sex:  M  F Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_  
DD/MM/YYYY

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Phone#: \_\_\_\_\_

Phone #: \_\_\_\_\_  
 Home  Work  Cell

Phone #: \_\_\_\_\_  
 Home  Work  Cell

Phone #: \_\_\_\_\_  
 Home  Work  Cell

Email: \_\_\_\_\_

Preferred method of contact:  
 Phone  Email  Do Not Contact

How did you hear about us?  
\_\_\_\_\_

I agree to receive future email communications from B.I.H.C containing news, updates and promotions.  
You may withdraw your consent at any time.  YES  NO

## Accident Information

Is your condition due to an accident?  Yes  No Date of Accident: \_\_\_\_\_

➤ If so, what type?:  Auto  Work  Home  Other

## Client Condition

Reason(s) for Visit: \_\_\_\_\_

When did your symptoms appear? \_\_\_\_\_

Change since onset of symptoms:  Improving  No Change  Regressing

Rate severity of your pain on a scale from 0 (no pain) to 10 (severe pain) \_\_\_\_\_

Type of pain:  Sharp  Dull  Throbbing  Numbness  Stiffness

Ache  Shooting  Burning  Tingling  Cramps

How often do you have this pain? \_\_\_\_\_

Does it interfere with your:  Work  Sleep  Daily Routine  Recreation

Activities or movements that are painful to perform:  Sitting  Standing

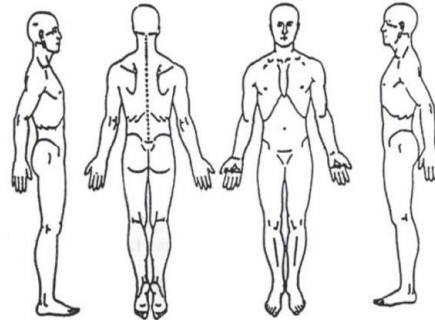
Walking  Bending  Lying Down  Twisting  Coughing/Sneezing

Please indicate if you have experienced any of the following recently:

unexplained weight changes  difficulty sleeping  fever or night sweats  vision changes  unexplained dizziness

What is your overall health status? \_\_\_\_\_

Indicate on the diagram where your symptoms are:



## Health History

Family Physician : \_\_\_\_\_ Physician's Phone Number \_\_\_\_\_

**Present involvement in other health care:** Chiropractic Acupuncture Physiotherapy Massage Naturopathic  
Chiroprody/Podiatry Occupational Therapy Psychology/Psychiatry Other \_\_\_\_\_

**Treatment To Date:** Have you received any medical and/or drug treatment for this complaint? Yes No

Please provide details: \_\_\_\_\_

**Surgery/Specialist Consultation :**

Surgery: \_\_\_\_\_ Date: \_\_\_\_\_ Surgery: \_\_\_\_\_ Date: \_\_\_\_\_

Surgery: \_\_\_\_\_ Date: \_\_\_\_\_ Surgery: \_\_\_\_\_ Date: \_\_\_\_\_

**Tests / Imaging:** Have you had any of the following tests for the condition(s) for which you are presently referred?:

X-rays Ultrasound CT Scan MRI Bone Scan EMG Blood Test Other: \_\_\_\_\_

**Please check off all health conditions that apply:**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Allergies: _____         | <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> HIV/AIDS                 | <input type="checkbox"/> Skin Conditions  |
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Deep Vein Thrombosis    | <input type="checkbox"/> Irritable Bowel Syndrome | <input type="checkbox"/> Sinus Problems   |
| <input type="checkbox"/> Appendicitis             | <input type="checkbox"/> Eating Disorder         | <input type="checkbox"/> Internal Pins/Plates     | <input type="checkbox"/> Stroke/TIA       |
| <input type="checkbox"/> Artificial Joints        | <input type="checkbox"/> Emphysema               | <input type="checkbox"/> Kidney Disease           | <input type="checkbox"/> Surgery          |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Liver Disease            | <input type="checkbox"/> Thyroid Disorder |
| <input type="checkbox"/> Bleeding Disorders       | <input type="checkbox"/> Fainting                | <input type="checkbox"/> Loss of Sensation        | <input type="checkbox"/> TMJ Dysfunction  |
| <input type="checkbox"/> Bowel/Bladder Changes    | <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Low Blood Pressure       | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Brain/Head Injury        | <input type="checkbox"/> Fractures               | <input type="checkbox"/> Menopause                | <input type="checkbox"/> Ulcers           |
| <input type="checkbox"/> Bronchitis               | <input type="checkbox"/> Frequent Colds          | <input type="checkbox"/> Multiple Sclerosis       | <input type="checkbox"/> Varicose Veins   |
| <input type="checkbox"/> Cancer                   | <input type="checkbox"/> Gastrointestinal issues | <input type="checkbox"/> Nausea or Vomiting       | <input type="checkbox"/> Vertigo          |
| <input type="checkbox"/> Cataracts                | <input type="checkbox"/> Glaucoma                | <input type="checkbox"/> Osteoporosis             | <input type="checkbox"/> Vision Problems  |
| <input type="checkbox"/> Chemical Dependency      | <input type="checkbox"/> Gout                    | <input type="checkbox"/> Osteoarthritis           | <input type="checkbox"/> Other: _____     |
| <input type="checkbox"/> Concussions              | <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Pacemaker                | _____                                     |
| <input type="checkbox"/> Congestive Heart Failure | <input type="checkbox"/> Heart Attack            | <input type="checkbox"/> Parkinson's Disease      | _____                                     |
| <input type="checkbox"/> Constipation             | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Pneumonia                |   |
| <input type="checkbox"/> Depression/Anxiety       | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> Pregnant: ____ weeks     |   |
| <input type="checkbox"/> Diabetes (Type _____)    | <input type="checkbox"/> Hernia                  | <input type="checkbox"/> Rheumatoid Arthritis     |   |
|   | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Ringing in ears          |   |
|   | <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Shortness of Breath      |   |

**Family Health History:** Heart Disease Stroke Arthritis Cancer Diabetes Osteoporosis

Exercise	Work Activity	Habits
<input type="checkbox"/> None <input type="checkbox"/> Occasional <input type="checkbox"/> Frequent <input type="checkbox"/> Daily	<input type="checkbox"/> Sitting <input type="checkbox"/> Standing <input type="checkbox"/> Light Labour <input type="checkbox"/> Heavy Labour	<input type="checkbox"/> Smoking <input type="checkbox"/> Alcohol <input type="checkbox"/> Coffee/Caffeine Drinks <input type="checkbox"/> High Stress Level

### Medication

Medication	Dosage/Frequency	Condition It Treats